



SCENAR THERAPY

How often have we watched football and seen players colliding with each other and then one or both being carried off the field?



scenar health

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The result? Players out for the game and maybe even the season.

Sports injuries are, of course, not limited to football or even team sports. Nor are they limited to accidents. They can be the result of chronic problems, like tennis elbow, or can be old injuries that are continually aggravated.

Now there is a therapy that takes away pain, speeds the healing of all kinds of wounds, tears, and fractures, and helps the body naturally readjust and re-calibrate its inherent self-healing ability.

SCENAR therapy, originally developed in the 1970s by Russian scientists for the Soviet space program, is here and is helping athletes to reach their optimum potential.

WHEN 20-YEAR-OLD AUSTRALIAN TORAH BRIGHT WON THE SNOWBOARDING WORLD TOUR TITLE IN UTAH IN MARCH 2007, A NARRABEEN-BASED THERAPY TEAM JOINED IN HER CELEBRATIONS.

The team at Scenar Health, which treated Torah's shoulder, neck and back injuries with SCENAR therapy, a new non-invasive holistic electrotherapy treatment, has celebrated a series of wins after treating top athletes.



PHOTO COURTESY OF ROXY



WHEN LAYNE BEACHLEY WON THE 2006 WOMEN'S WORLD SURFING TITLE, SHE LIKewise THANKED SCENAR HEALTH.

In early 2006 I was looking for relief for a chronic neck injury: I wanted a life without pain. SCENAR supported my nervous system, encouraged my body to heal, allowed me to maintain strength and fitness so I could compete at my optimum level," said Layne who later that year won her 7th world title.

During the 2000 Olympic Games in Australia, SCENAR came to be known as Russia's secret weapon, aiding Russian athletes in recovering from serious injury and often allowing them to continue to compete.

Athletes of all types – runners, weight lifters, tennis players, golfers, soccer players, rugby players, swimmers, gymnasts – can all benefit from SCENAR therapy, both in treating injuries common to their sport as well as in helping to optimize performance.

Pain, cramping, soft tissue injuries, contusions, fractures, tendon pulls, and ligament tears are common conditions readily treatable by SCENAR therapy. Treatment after an event has also proven to be effective in recovering from tired and aching muscles, physical exhaustion, and other post-event aches and pains.

SCENAR vs TENS

SCENAR therapy is a quantum leap in technology over TENS Therapy.

In conventional TENS therapy, for example, the pain subsides usually only while the TENS unit is activated. With SCENAR therapy, pain relief extends beyond the actual treatment, often weeks beyond. That's because with the use of TENS devices, the body adapts itself to the electrical signal and eventually just ignores it. The net result? The pain returns.

This is one of the major distinguishing factors in SCENAR therapy. The SCENAR device sends out a signal and then waits for it to return from the body. The device then reads the returning signal and adjusts its own subsequent signal. Because of this biofeedback mechanism, each new signal differs from the previous one, thus overcoming the adaptiveness of the body to a single, continuous electrical signal as in TENS.

SCENAR therapy also influences local blood flow, especially in regulating micro-circulation. That's important in treatment of sports injuries, as blood brings the building blocks for repair and removes dead tissue and waste products.

But one of the biggest factors in the effectiveness of SCENAR therapy is its ability to induce the release of neuropeptides. While SCENAR also induces the body to release natural opium-like painkillers called endorphins (similar to the action of TENS), it is the release of neuropeptides that enables SCENAR to quickly heal injuries of all types.

Why is that important?

Neuropeptides regulate almost all life processes on the cellular level, thus linking together all body systems. They have been referred to as the body's internal pharmacy, the key in the lock that causes the cascading, chain reaction effect, creating a holistic body response. Among other regulatory functions, neuropeptides are profoundly involved in inflammation.

For athletes the best part of SCENAR therapy is that it is drug-free, non-invasive, non-addictive, and has no side effects!

For a demonstration or for more information
contact Scenar Health T. 9913 2020 or 9327 3477
or visit www.scenarhealth.com