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SCENAR THERAPY APPLICATIONS IN SPORTS MEDICINE

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SCENAR and OLM-1 – THE BASIS FOR RECOVERY OF ATHLETES AFTER TRAINING

This report is the result of 5-year SCENAR-therapy practice applied at both training camps and home.

SCENAR and OLM-1 healing blankets were used for everyday recovery of leading athletes of the Luch Club. Athletes that were given this therapy recovered faster and their training was more efficient.

A 17-year-old athlete became a Champion of Russia among the juveniles in the 400-meter hurdles and rated eighth at the First Juvenile World Championship. At the same time other athletes that were injured during their training and that were not given SCENAR and OLM therapy didn't recover and showed low results.

Natalia Khrushcheleva, a World-Class Athlete, showed low results (pain in the right heel tendon didn't let her train), and after 6 sessions of OLM-1+SCENAR (the treatment was given according to a standard pattern) she could resume training and achieve high results.

Julia Nosova usually trained 6 times a week but when she was preparing for the Olympic Games in Sydney she had to stop on the 3rd day. She just couldn't do it. OLM and SCENAR allowed her to resume training. She felt revitalized and didn't feel any fatigue. She could do everything her coach told her without any effort. By the Championship of Russia she was in a good shape. She successfully made a standard for 400-meter hurdles that became her ticket in the Olympic Games.

It can be said with confidence that using OLM and SCENAR right after the training sessions promotes faster recovery and revitalizing of the body and makes it possible for sportsmen to have sports season without injuries and always be in a perfect shape.

The information in this document is provided by RITM OKB ZAO, Taganrog, Russian Federation

SCENAR TECHNOLOGY OVERVIEW

The name SCENAR derives from: **Self-Controlled Energo-Neuro-Adaptive Regulation.**

The SCENAR is an electronic-therapy device invented by a team of Russian Scientists (Alexander Karasev and Prof. Revenko) and developed further by RITM OKB ZAO in the 1980's for use in space, where cosmonauts would have a means of treating themselves in orbit, without the need to take drugs.

RITM OKB ZAO in the only manufacturer of the original SCENAR technology.

RITM OKB ZAO now has set up a branch in Australia - RITM Australia to provide local support for their products - SCENAR devices for Professionals and Home user and Healing Blankets.

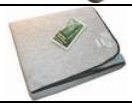
RITM SCENAR devices are CE Mark certified (the highest standard for manufacturing medical devices in the world), ISO 9001, ISO 13845.

RITM SCENAR devices are also included in the Australian Register for Therapeutic Goods Administration under TGA # 140659.

At present the SCENAR medical devices have been recognized in 60 countries all over the world: the United Kingdom, Australia, New Zealand, the Netherlands, Austria, Germany, Italy, Israel, Hungary, Czech Republic, Turkey, South Korea, the US, etc.

Over 6,000 doctors are now using the Scenar as an integral part of their medical practice.

The product range includes professional devices and devices for home users and sportsman, Healing Blankets and accesories.

	Professional series SCENAR devices – for medical practitioners and therapists
	Home SCENAR device series – sportsmen and personal home use
	**OLM** Healing Blankets and their modifications